

Fall 2025

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**NHU Outlook is published by New Horizons Un-Limited Inc. (NHU), a 501(c)3 tax exempt non-profit disability advocacy organization that connect those impacted by disability to the information, tools and experiences that encourage lifelong learning and community, so that we may work together to create a more inclusive, accepting society.**

Our programs are possible through the generous contributions of our community partners, member and donor families and many in-kind donors. To contribute to New Horizons Un-Limited, please see the back of this newsletter.

To learn more about NHU, visit our website at [new-horizons.org](http://new-horizons.org) or e-mail us at [horizons@new-horizons.org](mailto:horizons@new-horizons.org)

**“It's choice – not chance – that determines your destiny”**

– Robert Kiyosaki

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## New Rules for ABLE Accounts

***A Financial Tool Becomes Available in 2026 for Older Disabled Adults***



For the tens of millions of Americans living with a disability, financial hardship often accompanies the physical and emotional challenges they can face on the path to full participation in society.

Many disabled individuals rely on public benefit programs for financial support that come with strict income and asset limits that can, paradoxically, keep them stuck in poverty.

The fear of losing these critical benefits if they work or save too much keeps many disabled adults home. Many disabled adults also worry about the cost of transportation, education, employment support, and assistive technology they may need in order to work.

Then came the 2014 ABLE Act or formally The Stephen Beck Jr. Achieving a Better Life Experience Act.



## A Story of Being Human: Where There's A Will, There's a Way...It's Medicaid

“Will is working his first job at the local pool. This is his first summer working. We actually saw the announcement in the newsletter from school. They have different employers come during lunchtime and we decided that would be a wonderful summer job for him.

We were trying to get DVR involved, but we found the job and had the interview before DVR was officially involved. Because we didn't have DVR yet, the transition coordinator from his school actually went to the interview with Will.”

To continue:

### Follow along with our stories:

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 [instagram.com/astoryofbeinghuman](https://instagram.com/astoryofbeinghuman)

 [x.com/newhorizonsmke](https://x.com/newhorizonsmke)

 [newhorizonsunlimited.wordpress.com](https://newhorizonsunlimited.wordpress.com)

This act created tax-advantaged savings accounts for people with disabilities called ABLE accounts. These accounts, modeled after 529 college savings plans, allow eligible individuals to save money for disability-related expenses without losing essential benefits like SSI and Medicaid.

When ABLE accounts were introduced in 2014, they marked a significant step toward balancing the need for means-tested benefits with the ability to work, save, and plan for the future. **Still, there were limitations and one of those was age.**

The previous age limit for ABLE account eligibility was a disability onset before the age of 26. **Now it's 46.**

To read more ABLE account rule changes for 2026,

**Scan QR Code to continue reading on our blog:**



## October Is ADHD Awareness Month



Did you have ADHD as a child? Perhaps you still experience it but hesitate to acknowledge it. This reluctance is understandable, given the judgments surrounding your intelligence and the biases you might face from employers, friends, and even healthcare professionals. If you have mild ADHD, you may find it easy to forgo your medication as well. Chances are, no one at work suspects anything, and your laundry and dirty dishes will keep your secret safe.

However, there is one significant concern that warrants reflection if you choose to go untreated and that's **driving**.

**For Tips and strategies, Scan our QR Code:**



# Celebrating Value and Talent

National Disability Employment Awareness Month



OFFICE OF DISABILITY EMPLOYMENT POLICY  
UNITED STATES DEPARTMENT OF LABOR

#NDEAM  
80th Anniversary  
[dol.gov/odep](http://dol.gov/odep)

October is also National Disability Employment Awareness Month (NDEAM), a month dedicated to raising awareness on how to build a more inclusive workplace for individuals with disabilities.



## ***23<sup>rd</sup> Annual Fundraising With Flower Bulbs Sale!***

For the 16th year, NHU will provide top quality flower bulbs during our Fundraising with Flower Bulbs Sale thru October 5th!

Flower bulb orders are sent to you in time for fall planting.

Flowers will grow and bloom in your garden next spring and summer.

To order check back mid-August on the front page of our website at [www.new-horizons.org](http://www.new-horizons.org) or click on or type the following in your computer browser's address box:

<http://www.new-horizons.org/funeve.html#bulb>

Questions? Do not hesitate to ask us at:  
[horizons@new-horizons.org](mailto:horizons@new-horizons.org).

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**For resources on everything disability, visit NHU's website: [new-horizons.org/datcat.html](http://new-horizons.org/datcat.html)**

**Please accept my contribution for NHU in support of our family, friends and neighbors with disabilities:**

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**NEW HORIZONS  
UN-LIMITED  
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*Your gift will ensure that we may continue our work of advocating for a fully accessible, inclusive society for our family, friends and neighbors with disabilities.*

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