

New Horizons Un-Limited Outlook



Spring 2017

Volume 14, Edition 1

NHU Outlook Newsletter is published quarterly by New Horizons Un-Limited Inc. (NHU), a 501(c)3 tax exempt non-profit organization based in Milwaukee with a mission to make information and life experiences more accessible to **people with lifelong disabilities**, their families and caregivers. Our programs are made possible through the generous contributions of our community partners, member and donor families and many in-kind donors. To contribute to New Horizons Un-Limited, see page 5. To learn more about NHU, visit our website at www.new-horizons.org or send us an e-mail at horizons@new-horizons.org

I believe that life is a journey, often difficult and sometimes incredibly cruel, but we are well equipped for it if only we tap into our talents and gifts and allow them to blossom.

– Les Brown

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NHU 2017

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- Thank you for contributing 2016-17 Annual Appeal!

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New Horizons Un-Limited Supporting Personal Journeys Toward a Brighter Future!

NHU cares enough NOW, to ensure our collective futures by offering the opportunity to our community members with disabilities the information, tools and experiences for lifelong learning. We believe that fulfillment can be achieved in many different ways and at every stage of life. We encourage volunteering and teaching others to enable people to be confident, contributing citizens. Our communities' citizens accept the challenge to invest in themselves!

NHU holds a spotlight on our efforts to open gateways to full participation and opportunity with another personal journey from our programs. Learn what your contributions to NHU have meant to affect change toward a brighter future for individuals. Help NHU reach more individuals this year by giving to NHU and participating in our fundraisers.

Computer Grant and Training Program – Arlene's Journey

In 2007 we met Arlene whose son was in our skills program and she offered to volunteer for NHU. She herself had a disability and received her first Computer Grant from NHU a few months later. She was very interested in obtaining more computer training and to learn office skills, so she became a volunteer and a very committed, dependable one. Not long after she was beginning to make progress toward the idea of seeking employment, she faced breast cancer. Obviously she concentrated on her health, and we tried to assist with hope and encouragement.

Over time she was successful and when she survived cancer, she dove right back into the challenges of life, with the struggles of living with disability and dealing with family and health issues. Through thick and thin, when she could, she returned to volunteer, contributing her time and talents and we continued to support her training and personal computer needs through these many years.

Arlene has assisted with various administrative, fundraising and data entry projects, and accessible resources research. She is an avid crocheter/knitter and has often donated items to our fundraising events. During all this she has lived independently and is a vital part of her family. Arlene has been an integral part of the NHU community too, encouraging new volunteers and sharing solutions on disability issues. "I love volunteering for NHU, it stretches my learning and gives me the opportunity to really like what I am doing."

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Recently we visited with Arlene about how having a computer has been beneficial to her. The computer has allowed her to research assistance for her one child who has a disability, as well as, assist another in finding job coaching and work. "My computer also allows me to keep close to my oldest child who teaches in Seoul, Korea and other family and friends, thru email and Facebook. I am also able to look up crochet/knit patterns on the Internet which allows me to create gifts for family and friends and an occasional commission, but it has also given me more volunteer opportunities to knit hats, prayer shawls, and newborn blankets to donate to others through the United Methodist Church of Whitefish Bay and Columbia St. Mary's Hospital."

NHU offered Arlene office skills training and granted a computer, a tool to assist her to overcome barriers and grant her opportunities to participate in life. By investing in herself and giving to others, she has found a way to help herself with her disability and be a contributing member of churches, a hospital and organizations in her community. We are proud of her accomplishments and privileged to have Arlene working alongside us.

This year as you decide on your giving, remember NHU needs your help to reach more people! Remember what your continued support has offered and continues to offer people like Arlene, not just the opportunity to overcome barriers to all that life can offer, but also assist them with the tools to face their disability armed with self-esteem and hope!

Please Join NHU in our Grassroots Effort to Care Enough NOW Ensuring Brighter Futures!

Help NHU provide more of our community members with disabilities the tools, training and encouragement they need to move forward in their lives!

What Can YOU do? The Time to Act is Today! YOUR Donation of:

NHU's Information and Referral Program - Enjoy browsing the Internet? Volunteer for our Disability Research team.

- \$50 will provide new resources, articles and guides in any given month to individuals seeking assistance.
- \$100 will provide, via one edition of our newsletter, *CommunicAbility*, to reach over a 1000 individual households.

NHU's Computer Literacy and Grant Program - Volunteer to assist to refurbish or setup computers, answer helpdesk.

- \$20 will provide one hour of in-depth computer skills training to as many as four individuals with disabilities.
- \$30 will provide (5) Windows 10 Operating Systems for refurbished computers for 5 individuals with disabilities.

NHU's Employment Skills Training and Work Experience Program - Volunteer to train adult students.

- \$50 will allow us to promote people with disabilities and their capabilities to employers in a month.
- \$100 will provide employment skills training to an adult student in our work experience program.
- Be part of the solution! Evaluate your needs as an employer, offer an internship job to a person with a disability!

Important Advocacy Alert! – Medicaid Block Grants – Please Contact Your Legislators!

Congress is proposing Medicaid Block Grants to cut a trillion dollars from Federal support and put that burden on the states, who are trying to balance their own budgets. If you, a family member or a friend uses a program funded by Medicaid, this may affect you and your future. Ask your legislator, what will replace this funding for essential care services for those that rely on it for their very survival. The unintended consequence of no plan will disregard people with disabilities' contributions to society by placing them in nursing homes which are an expensive solution. Nursing homes were closed years ago, so now add the additional expense of building new nursing homes which would fall to the states.

We all want to see efficiency in budgets, but if you live in a state like Wisconsin, which has an efficient Long Term Care System that allows people with disabilities to **live at home and work in their own communities**, then please contact your legislators. The alternative is the more expensive nursing home care model which also disregards people's potential in life. Let them know your story and how a program funded by Medicaid is important to you and your family!

To find out more, visit www.new-horizons.org/wnlqnt.html#blockgrants1. Use the U.S. Capital Switchboard, 202-224-2131 or visit the links to legislators at <http://www.new-horizons.org/wnlqnt.html>.



NHU Salutes Our 2016 Volunteers and Interns!

These 2016 volunteers have reached the following milestones in hours of service!

1500 hours - Arlene - admin, research

1000 hours - Fred - refurbishing computers

We would also like to specially thank our interns:

Phil – admin, marketing, research, fundraising Chris – refurbishing computers Mikal – refurbishing computers

Volunteers reach out and make a world of difference!!

Doris – admin, fundraising
Liz - research
Scott U. – research, writing
Naomi - fundraising
Tiffany - fundraising
Lisa – fundraising
Wa – fundraising
Brittany – fundraising

Mike O. – fundraising
Mike G. - fundraising
Scott W. – fundraising
Ruth – fundraising
Jeff – fundraising
Carol – fundraising
Ilene - fundraising

Danny - training
Gary - training
Wanda – admin
Kelvin – admin
Tyler – admin
Marlene – admin
Halli – fundraising

For more information on volunteering, visit: new-horizons.org/volnet.html

What Can YOU do? Follow NHU.....



Like us, NHU on Facebook!

people, news, events

[facebook.com/NewHorizonsUn-Limited](https://www.facebook.com/NewHorizonsUn-Limited)



Share on our NHU Forum!

experiences, ideas, solutions

new-horizons.org/forum

Join the Family Forum on Disability!

conversation for life's challenges

[facebook.com/groups/ittakesonetoknowone](https://www.facebook.com/groups/ittakesonetoknowone)



Visit our NHU Blog!

everyday advocacy and inspiration

newhorizonsunlimited.wordpress.com



Follow NHU on Twitter!

new opportunities, new hope, new horizons

twitter.com/newhorizonsmke

We would like to hear from you!

Please e-mail us at:

horizons@new-horizons.org

February – March – April NHU Volunteer Opportunities!!

To sign up for volunteer opportunities, call (414) 299-0124 or e-mail horizons@new-horizons.org
 NHU volunteers are reimbursed up to \$8.00 per week for your parking or up to \$9.00 per week for your transportation.
 Report your volunteer hours to NHU on-line www.new-horizons.org/volnet.html



15th Annual NHU Benefit Raffle and Silent Auction March 29-30, 2017 US Bank Center Galleria

Contact us to volunteer prior to the day of our event!
 Contribute prizes in the theme of Spring!

Ask if area businesses would contribute an item to our **March 2017 Annual NHU Benefit Spring Raffle/Silent Auction**. Download our volunteer letter at:

www.new-horizons.org/pdf/rsaltr.pdf

Ask family and friends to purchase raffle tickets in support of NHU and a chance to win a great prize.

For prizes or how to purchase tickets, visit:

www.new-horizons.org/raffle.html



SAVE THE DATE!

14th Annual NHU Benefit Golf Outing - June 7, 2017 Hawk's View – Comos Crossing

While we hope that you will be able to join us for our **2017 Annual NHU Benefit Golf Outing** and a day of golf, there are many ways in which you can get involved or volunteer for our golf outing.

Talk to the golfer in your life to see if they would be interested in attending!

Talk to a business in your area to be a golf sponsor or donate a gift for our raffle or silent auction!

View information about our June NHU Benefit Golf Outing at the Hawk's View Golf Club, Comos Crossing Golf Course, Lake Geneva at:

www.new-horizons.org/golfrg.html

Purchase Scrip Gift Certificates from NHU

Spring Gift Ideas!!! Are you planning a trip over spring break or a special Easter dinner? Gas, hotel, restaurant or retail gift cards and certificates are available! Consider a gift card donation to our Spring NHU Benefit Silent Auction!

Scrip orders are due: Wednesday, March 8, 2017

Purchase gift cards thru NHU, redeemable for the exact amount you pay for each card, the retailer passes the discount savings (percentage listed for each retailer on the order form) on to NHU.

To place your scrip order with NHU, print the NHU Scrip order form at new-horizons.org/pdf/scrifp.pdf
 Then, fill out and send your order form and your check or money order to NHU. We deliver in 10 to 14 days.

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**Thank you to everyone who has contributed to our 2016-17 Annual Appeal! It is not too late!
YOU can make a difference! Be an NHU supporter throughout the year, visit new-horizons.org/appeal.html**

**Please accept my contribution for NHU
in support of our community
members with disabilities:**

\$500 \$250 \$100 \$50 Other \$

Name:

Address:

City State: Zip:

Phone:

I would like to designate my contribution in memory of:

I would like for my gift to remain anonymous. Do not include my name in any publication to acknowledge donors.

I am interested in volunteering for NHU. Please contact me.



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--Newsletter--

**Your gift will ensure that our community
members with disabilities
are given access to the opportunities that
will improve their lives!**

**Make check payable to New Horizons Un-Limited
and send to:**

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Milwaukee, Wisconsin 53202